Gwen Burno is the founder of Wisdom & Wellness LLC, an organization that provides sound principles and strategies which equip others to pursue a well-ordered life. In this capacity, she serves as a Life Coach, Ramsey Financial Coach and Inspirational Speaker helping others to reach their potential by focusing on possibilities to get them where they want to be in the future. She always emphasizes creating a life that utilizes your unique gifts and talents.

Gwen places a premium on higher education having spent a considerable amount of time pursuing academic interests. She holds a Bachelors of Business Administration degree from Georgia State University, Masters of Business Administration from Alaska Pacific University and a Masters of Arts in Biblical Studies from Dallas Theological Seminary. She teaches a weekly adult women Bible class in which the participants are challenged to think through biblical truths and commit to implementing these principles into daily practice. She is a contributing writer in *Stories of Roaring Faith*, Volume 3. Her passion is helping others reduce stress and anxiety by living intentionally and purposefully according to tried and true life principles.

She resides in Dallas with her husband (Rowland) and three children (Jeremy, Mikaela and Kiersten).

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